Magnetic Healing

The Magnetic Healing is a simple yet deep healing that facilitates experiencing directly how electro-magnetic waves of energy feel. It allows the healer and client to feel the electro-magnetic aspect of the aura and the pull that exists between humans and universal energy fields in life.

The goal of spiritual work is to become sensitive enough to feel called and energetically pulled toward our purpose rather than being called to our mind's illusions of what might be good for us or mind-created desires or needs. Finding a soul mate is at first an inner pull that once together creates the opportunity for contact and stimulation of body chemistry, but the initial pull feels like gravity.

At the level of our energy field we are made up of electro-magnetic waves that are limitless and hold infinite amounts of information that are the seeds of what we call consciousness. Those waves that resonate at similar vibrations attract each other, combine and collapse into particles that serve the wave's higher intention and create specific kinds of matter. Some human.

To create a body and the world and universe, the waves made up of the 11 upper non-form chakra gateway frequencies must collapse into particles that form atoms and then are the building blocks for molecules, cells and solid matter. Those finite cells still have the wave within them and the higher purpose for attraction exists and creates physical gravity in the macro universe, where galaxies with trillions of stars and solar systems are pulled together because they have a resonance with each other and the invisible magnetic black hole at their centers. Planets and moons push and pull each other into perfect orbits around each other, cultures and families create constellations that push and pull each of its tribe into roles, and at the level of your cells and biochemistry and atoms, you are also held together by an invisible force of gravity.

The electro-magnetic waves hold the soul wisdom and intention of why forms exist and how they are to combine. The Magnetic healing is where you are learning to feel directly called in the world.

You can feel when you are drawn into a room or to a person or pushed out or away. That is the electro-magnetic energy field gravity of the room connecting with your specific gravity and creating a pull, a 'yes' or a push, a 'no'. When we are aware of this energy, we can literally feel how the chakras pull us around physically in the world.

From the magnetic level, you can understand people, jobs, and what is good for your health just by being more magnetically aware of how it calls you. The Magnetic healing teaches the healer and the client how to become aware of the pull first. Then feel the deeper meaning of the calling by moving toward it in life.

Copyright © 2018 Rhys Method, Rhys Resources, LLC
www.RhysThomasInstitute.com | support@rhysthomasinstitute.com

When to use this healing:
Use this healing when a client comes to you with relationship issues, or an inability to make a decision about which way to go in life. Use this healing to practice the push and pull of being in relationship with another person, and feeling the struggle of choosing between your mind-created needs and the needs of your soul. This healing also reminds us how to balance giving and receiving in relationship.

Preparation For Healing:

A. **Start with Grounding:** Stand at the foot of the table. Ground yourself by remembering a time in your life that you were fully alive and in your life purpose (your secret place). Take your time and bring that quality fully into the present moment. A few clearing breaths are good for both you and your client to let go of the stress of the day. Hold both their feet and put your thumbs in the grounding point on the sole of the foot. Feel the balance and flow of their energy. Experience the person as a mystery about to unfold.

B. **Do the Bow:** The bow opens the client's energy along the spine, which is the central current of energy, to allow the energy to flow through the whole system.

- Release the lower spine and sacrum. Create the lower arc of the bow by holding under both ankles and gently lifting, pulling, and aligning the spine. Use gentle traction on the sacrum and lower spine. Release the legs gently back to the table.
- Release the neck and upper spine. Go to the head of the table to create the bow's upper arc by cradling the head and gently lifting, pulling, and aligning the upper spine and neck. Be very gentle but firm.

C. **Release the Knees:** Go back towards the foot of the table and release the energy through the legs by pressing gently into the back of one knee and then the other. (*Important: skip this for pregnant clients.)

D. **Do the Mind Clearing Technique**.

Open Up the Palm Chakras:

Begin by rubbing the hands together, establishing and feeling your heart magnetism connecting to you via the palms. The heart chakra runs through the inner arms to the palms. With palms facing each other, start moving hands towards and away from each other and find the points where you build up so much electricity between the hands that you cannot move them apart or push them together if you wanted to. Build up that energy, widen your stance and allow that energy to come up through you. It can be hot or cool, sense it when pushing and pulling palms away from and towards each other and feel the energy build. The magnetism is always there - you will find it.

Once that magnetic ball is built between the hands, maintain the magnetic field you built between your hands, and slowly and gently turn the palms towards the client and hover over the heart chakra.

Copyright © 2018 Rhys Method, Rhys Resources, LLC
www.RhysThomasInstitute.com | support@rhysthomasinstitute.com

Place Hands:

With palms hovering over the heart chakra (this can be used over any energy center), create the exact same magnetism between you and the client's field that you had between your palms. Feel the push and pull again over the heart chakra.

While supporting the client's field, you will feel the need for expansion or the need to come in more. You can press to push the field in and pull to pull the field out. Notice and support the need of your client. As you widen your field, you may be able to lift up their field a little bit, but no major pulling out of field. Or you may choose to push the field in a bit. Notice what would best support your client.

The intention is to come into relationship with the client at the magnetic level. This means there will be information flowing back and forth that is non-mental and non-verbal. The Healer is sharing a part of themself that is wave and non-thinking. No thinking, no fixing, just connecting through the heart. When working with different clients, notice the difference in people and how high up or where their heart field is.

Feel the magnetic connection to your client, where you are locked in and it's hard to pull apart - that is the goal. Genuinely connect to your client. You are awakening this same connection in the client. Honoring the magnet between you and another person heals. This is relationship. The heart is where all the power is. When it feels complete, gently pull your hands out.

Standard Closing:

- Butterfly hands over 6th and 7th, integrating the left and right hemisphere of the brain.
- Hold both hands together hovering over the 6th chakra, palms down, sending hand on bottom – exhale sending indigo energy down their body, bring orange back up on the inhale (3 times)
- Close the field. Lift your hands overhead and sweep them down in a circle using gold to help seal up their energy field after the healing work.
- Close the front and back of your 2nd chakra to complete the healing for you.
- Step out of their field.
- Allow client a minute or two of integration on the table, before gently bringing them back.

Share:

Ask them to share first about their own experience.
Always leave your client with a gem of wisdom directing them to their life purpose.

Copyright © 2018 Rhys Method, Rhys Resources, LLC
www.RhysThomasInstitute.com | support@rhysthomasinstitute.com